## LIFESTYLES TO OWNING YOUR FINANCES



## WHAT HAVE YOU SPENT IN THE LAST 24 HOURS?

1. 
2. 
3. $\qquad$
$\qquad$
4. $\qquad$
$\qquad$
5. $\qquad$
$\qquad$
6. $\qquad$
$\qquad$
$\qquad$
7. $\qquad$
$\qquad$
$\qquad$
8. $\qquad$
$\qquad$

|  | Month <br> Actual | Expenses as a \% of Income |  |
| :--- | :--- | :--- | :--- |
|  |  | Guideline | Actual |

INCOME


Person \#2

| Gross Wages (from Paystub) |  |
| :--- | :--- |
| Less: Taxes (Federal, FICA) |  |
| Less: Insurance Premiums |  |
| Less: Retirement Contribution |  |
| Less: Union Dues |  |
| Less: Other \#1 |  |
| Less: Other \#2 |  |
| Less: Other \#3 |  |
| Net Wages (Take Home Pay) |  |

Other Income
Other Income
Other Income
Other Income
Total Other Income

TOTAL INCOME
$\square$

|  | Month Actual | Expenses as a \% of Income |  |
| :--- | :--- | :--- | :--- |
|  |  | Guideline | Actual |

## EXPENSES

## Generosity/Giving

Generosity/Giving
Other
Other
Total Generosity/Giving


Savings \& Retirement
Retirement Account 1
Retirement Account 2
Savings Account 1
Savings Account 2
Other
Other
Total Savings \& Retirement


Housing Expenses
Mortgage/Rent
PMI
Property Taxes
HOA
Other
Other
Total Housing Expenses


Utility Expenses
Electric
Internet
Alarm
Cable
Water
Gas
Trash
Other
Other
Total Utility Expenses $\square$

ACTUAL INCOME \& SPENDING WORKSHEET

|  | Month Actual | Expenses as a \% of Income |  |
| :--- | :--- | :--- | :--- |
|  |  | Guideline | Actual |

Food
Groceries
Restaurants
Fast Food
Other
Other
Total Food

|  |
| :--- |
|  |
|  |
|  |
|  |
|  |



Health
Doctor Visits
Prescriptions
Vitamins
Other
Other
Total Health


|  | Month <br> Actual | Expenses as a \% of Income |  |
| :--- | :--- | :--- | :--- |
|  |  | Guideline | Actual |

## MISCELLANEOUS

| Phones |
| :--- |
| Cell Phone 1 |
| Cell Phone 2 |
| Land Line |
| Other |
| Other |
| Total Phones |
| Services |
| Yard |
| Pest |
| Cleaning |
| Other |
| Other |
| Total Services |
| Debt |
| Debt Credit Card |
| Debt Student Loans |
| Debt Other |
| Debt Other |
| Total Debt |
| Other Miscellaneous |
| Recreation |
| Entertainment |



GUIDELINE EXPENSES AS A PERCENTAGE (\%) OF INCOME (TAKE HOME PAY)

| Giving/Generosity | $10 \%$ |
| :--- | :---: |
| Savings \& Retirement | $10 \%$ |
| Housing | $25 \%$ |
| Utility | $5 \%$ |
| Food | $10 \%$ |
| Transportation | $10 \%$ |
| Insurance | $10 \%$ |
| Health | $5 \%$ |
| Miscellaneous | $15 \%$ |
| Total Expenses | $100 \%$ |


|  | Budget | Month <br> Actual | Difference | Expenses as a \% of Income <br> Guideline <br> Actual |
| :---: | :---: | :---: | :---: | :---: |
| INCOME |  |  |  |  |
| Person \#1 |  |  |  |  |
| Gross Wages (from Paystub) |  |  |  |  |
| Less: Taxes (Federal, FICA) |  |  |  |  |
| Less: Insurance Premiums |  |  |  |  |
| Less: Retirement Contribution |  |  |  |  |
| Less: Union Dues |  |  |  |  |
| Less: Other \#1 |  |  |  |  |
| Less: Other \#2 |  |  |  |  |
| Less: Other \#3 |  |  |  |  |
| Net Wages (Take Home Pay) |  |  |  |  |


Budget Month

## EXPENSES



## Utility Expenses

Electric
Internet
Alarm
Cable
Water
Gas
Trash
Other
Other
Total Utility Expenses

|  |  |  |
| :--- | :--- | :--- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |


| MONTHLY BUDGET WORKSHEET |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Month |  |  | Expenses as a \% of Income |  |
|  | Budget | Actual | Difference | Guideline | Actual |
| Food |  |  |  |  |  |
| Groceries |  |  |  |  |  |
| Restaurants |  |  |  |  |  |
| Fast Food |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Food |  |  |  |  | \% |
|  |  |  |  |  |  |
| Transportation |  |  |  |  |  |
| Car 1 |  |  |  |  |  |
| Car 2 |  |  |  |  |  |
| Gas |  |  |  |  |  |
| Oil Changes |  |  |  |  |  |
| Maintenance |  |  |  |  |  |
| Repairs |  |  |  |  |  |
| Registration |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Transportation |  |  |  |  | \% |
|  |  |  |  |  |  |
| Insurance |  |  |  |  |  |
| Medical |  |  |  |  |  |
| Dental |  |  |  |  |  |
| Vision |  |  |  |  |  |
| Homeowners |  |  |  |  |  |
| Renters |  |  |  |  |  |
| Auto |  |  |  |  |  |
| Life |  |  |  |  |  |
| Long Term Disability |  |  |  |  |  |
| Identity Protection |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Insurance |  |  |  |  | \% |
|  |  |  |  |  |  |
| Health |  |  |  |  |  |
| Doctor Visits |  |  |  |  |  |
| Prescriptions |  |  |  |  |  |
| Vitamins |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Health |  |  |  |  | \% |


|  | Mwonth |  |  | Expenses as a \% of Income |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Budget | Actual | Difference | Guideline | Actual |
| MISCELLANEOUS |  |  |  |  |  |
| Phones |  |  |  |  |  |
| Cell Phone 1 |  |  |  |  |  |
| Cell Phone 2 |  |  |  |  |  |
| Land Line |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Phones |  |  |  |  | \% |
| Services |  |  |  |  |  |
| Yard |  |  |  |  |  |
| Pest |  |  |  |  |  |
| Cleaning |  |  |  |  |  |
| Other |  |  |  |  |  |
| Other |  |  |  |  |  |
| Total Services |  |  |  |  | \% |
| Debt |  |  |  |  |  |
| Debt Credit Card |  |  |  |  |  |
| Debt Student Loans |  |  |  |  |  |
| Debt Other |  |  |  |  |  |
| Debt Other |  |  |  |  |  |
| Total Debt |  |  |  |  | \% |
| Other Miscellaneous |  |  |  |  |  |
| Recreation |  |  |  |  |  |
| Entertainment |  |  |  |  |  |
| Personal |  |  |  |  |  |
| Taxes (Self-Employment) |  |  |  |  |  |
| Taxes (Other) |  |  |  |  |  |
| School |  |  |  |  |  |
| Kids |  |  |  |  |  |
| Kids Activities |  |  |  |  |  |



## BUDGET QUESTIONS TO ASK

1. Is what was spent in the past going to happen again?
2. Will it be the same?
3. Will it increase or decrease?
4. Will it stop altogether?
5. When does it need to be paid by? Will I have enough cash?
6. Is there new spending that will happen?

## BUDGET KEY POINTS TO REMEMBER

1. Breakeven Budget
2. Non-Monthly Expenses
3. Create Your Guidelines
4. Update the Budget
5. The Budget Lasts Forever
6. Is there new spending that will happen?

## DEBT SNOWBALL EXAMPLE

|  | Debt | Credit Card \#2 | Debt | Credit <br> Card \#3 | Debt | Credit Card \#1 | Debt | Car Loan | Debt | Student Loan |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Balance | 525 | Balance | 1,225 | Balance | 2,100 | Balance | 8,025 | Balance | 10,600 |  |
|  | Min Pymt | 75 | Min Pymt | 100 | Min Pymt | 100 | Min Pymt | 350 | Min Pymt | 150 |  |
|  | Interest Rate | 5\% | Interest Rate | 7 | Interest Rate | 15\% | Interest Rate | 3\% | Interest Rate | 2\% |  |
| MONTH | PAYMENT | BALANCE | PAYMENT | BALANCE | PAYMENT | BALANCE | PAYMENT | BALANCE | PAYMENT | BALANCE | T O T A L PAYMENT |
| 1 | 275 | 250 | 100 | 1,125 | 100 | 2,000 | 350 | 7,675 | 150 | 10,450 | 975 |
| 2 | 250 | - | 125 | 1,000 | 100 | 1,900 | 350 | 7,325 | 150 | 10,300 | 975 |
| 3 |  |  | 375 | 625 | 100 | 1,800 | 350 | 6,975 | 150 | 10,150 | 975 |
| 4 |  |  | 375 | 250 | 100 | 1,700 | 350 | 6,625 | 150 | 10,000 | 975 |
| 5 |  |  | 250 | - | 225 | 1,475 | 350 | 6,275 | 150 | 9,850 | 975 |
| 6 |  |  |  |  | 475 | 1,000 | 350 | 5,925 | 150 | 9,700 | 975 |
| 7 |  |  |  |  | 475 | 525 | 350 | 5,575 | 150 | 9,550 | 975 |
| 8 |  |  |  |  | 475 | 50 | 350 | 5,225 | 150 | 9,400 | 975 |
| 9 |  |  |  |  | 50 | - | 775 | 4,450 | 150 | 9,250 | 975 |
| 10 |  |  |  |  |  |  | 825 | 3,625 | 150 | 9,100 | 975 |
| 11 |  |  |  |  |  |  | 825 | 2,800 | 150 | 8,950 | 975 |
| 12 |  |  |  |  |  |  | 825 | 1,975 | 150 | 8,800 | 975 |
| 13 |  |  |  |  |  |  | 825 | 1,150 | 150 | 8,650 | 975 |
| 14 |  |  |  |  |  |  | 825 | 325 | 150 | 8,500 | 975 |
| 15 |  |  |  |  |  |  | 325 | - | 650 | 7,850 | 975 |
| 16 |  |  |  |  |  |  |  |  | 975 | 6,875 | 975 |
| 17 |  |  |  |  |  |  |  |  | 975 | 5,900 | 975 |
| 18 |  |  |  |  |  |  |  |  | 975 | 4,925 | 975 |
| 19 |  |  |  |  |  |  |  |  | 975 | 3,950 | 975 |
| 20 |  |  |  |  |  |  |  |  | 975 | 2,975 | 975 |
| 21 |  |  |  |  |  |  |  |  | 975 | 2,000 | 975 |
| 22 |  |  |  |  |  |  |  |  | 975 | 1,025 | 975 |
| 23 |  |  |  |  |  |  |  |  | 975 | 50 | 975 |
| 24 |  |  |  |  |  |  |  |  | 50 | - | 50 |
| 25 |  |  |  |  |  |  |  |  |  |  | - |
| 26 |  |  |  |  |  |  |  |  |  |  | - |
| 27 |  |  |  |  |  |  |  |  |  |  | - |
| 28 |  |  |  |  |  |  |  |  |  |  | - |
| 29 |  |  |  |  |  |  |  |  |  |  | - |




## COMPOUND INTEREST EXAMPLE \#3 - CHART

Anna invests $\$ 5,000$ per year beginning at age 20 . She stops investing at age 30. She has invested for 10 years and $\$ 50,000$ total. When she retires at age 60, 40 years after she began investing and 30 years after she stopped investing, she has an ending balance of $\$ 411,000$.

Blake invests $\$ 5,000$ per year but begins where Anna left off. He begins investing at age 30 and continues the annual $\$ 5,000$ investment until he retires at age 60. Blake has invested for 30 years and $\$ 150,000$ total. At age 60 , he has an ending balance of $\$ 419,000$.

Connor invests $\$ 5.000$ per year beginning age 20 and continues investing until he retires at age 60 . He has invested for 40 years and a total of $\$ 200,000$. At age 60, he has an ending balance of $\$ 830,000$.

| $* 6 \%$ growth | Age at Start | Age at Stop | Total Invested | Balance at Age 60 |
| :--- | :--- | :--- | :--- | :--- |
| Anna | 20 | 30 | $\$ 50,000$ | $\$ 411,000$ |
| Blake | 30 | 60 | $\$ 150,000$ | $\$ 419,000$ |
| Connor | 20 | 60 | $\$ 200,000$ | $\$ 830,000$ |

